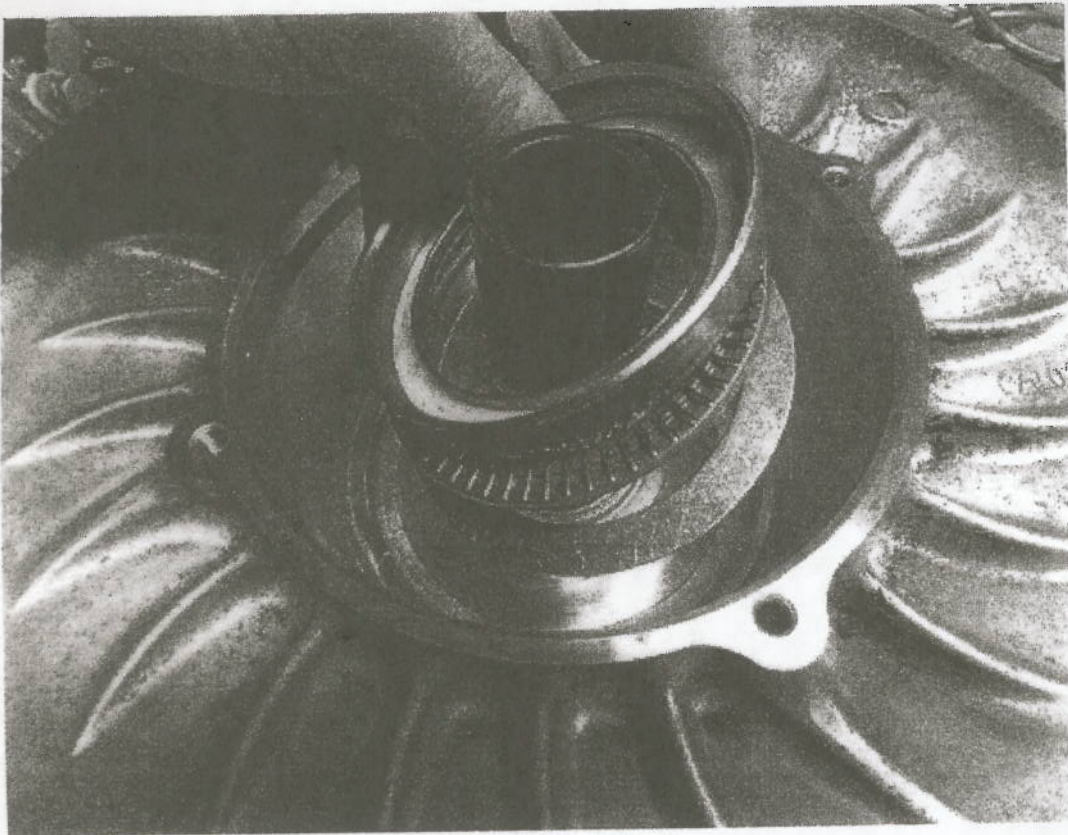


Carl's Cycle Team Secondary Roller Bearing



Remove helix and spring, if you have delrin washers previously installed remove those now. Wipe clean clutch area beneath the helix.

Using WD-40 apply a very light coat to the roller bearing then wipe off excess with a towel.

On the bottom side of the gold spring cup is 2 holes. Check to see if there is any burrs or a lip where these holes are located. If so you will need to sand those smooth.

Install the bearing washer first into the clutch, then the roller bearing and last the spring cup. Reinstall your spring and helix.